

Cure of Epilepsy by Different System of Medicine

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Abstract– Neural disorder somewhere is a feeling to have seizures generated from mind. Epilepsy made by Greek word epilepsia, main causes of epilepsy is head injury and tumors of brain etc. The symptoms of epilepsy is confused memory tiredness etc. The diagnosis of epileptic seizure is completed by neurological test and blood test. Cure of epilepsy by allopathic treatment is two type medication and surgery. The herbal treatment is two type Unani & Home remedies. The Unani & Home treatment is approximately equal, its medicine does not side effected. The home remedies are very easy to found this treatment. The Allopathic medicine is effected the kidney, hair loss, insomnia, suicidal thoughts, vomiting and liver fail ration.

Index Terms- Epilepsy; Allopathic treatment; Unani treatment

1. INTRODUCTION

1.1 Epilepsy

Epilepsy is a neural disorder somewhere there is an inclination to have seizures generated from the brain. Epilepsy is not only the reason for seizures there are different other reasons that leads seizures such as hysterical or any heart related condition. Nevertheless, here we are using this term for epileptic seizure. The word epilepsy comes from the Greek word epi meaning upon, and the Greek word lepsia denotation seizure. Since that, we need a Greek word epilepsia. There are different types of epilepsy, so just knowing that a person 'has epilepsy' does not sure us about the epilepsy and its seizures. During a seizure, the patient's brain stops moving and comes in confusing state. Every function in our bodies is guided by brain. What a patient with epilepsy involvements thru a seizure will be contingent on pardon part of his brain that epileptic activity starts and how fastly it spreads to the body. There are different types of seizures and each patient will have epilepsy in a unique manner.

1.2 Causes of Epilepsy

There are several new cases of epilepsy each year. About thirty percent occur in children. Children and elderly adults having more affinity to get effected. Their main causes involve some injury to the mind. Some of the main causes of epilepsy include:

- During birth low oxygen level
- Any head injury
- Tumors of brain
- Any genetic abnormalities, such as tuberous sclerosis

1.3 Symptoms of Epilepsy

- Presence of repeated seizures
- no fever
- confused memory
- tiredness
- Suddenly the person becomes rigid or body get stiffened or falls for no clear reason
- Without any stimuli blinking of eyes start
- Person develops sudden bout of chewing
- For a short time the person seems stunned and unable to communicate
- The person becomes fearful and may become angry

1.4 Safety Precautions For People With Epilepsy

- Carry your identity proof all time particularly when you are alone.
- Do not drive if you have seizures
- Always keep your medicines with yourself.

- Friends, family members, colleagues and coworkers of people with epilepsy should learn to recognize symptoms of seizures because they are the first point of contact.

DIAGNOSIS

Some tests to diagnose epilepsy:

- Neurological behavior

Examine the mental conditions and behavior doctor can diagnose the type of epilepsy.

Blood tests

To detect brain abnormalities these tests are required:

- EEG
- CT Scan
- MRI
- PET
- SPECT
- Neuropsychological tests

3. CURE OF EPILEPSY

3.1 Allopathic Treatment

Doctors generally begin by treating epilepsy with medication. If medications do not treat the condition, then surgery becomes the end option.

3.1.1 Medication

Some anti-epileptic drugs are following:

- Diazepam for instant relief
- Phenytoin 100 mg eight hourly
- Phenobarbital

3.1.2 Surgery

If your seizures originate from that part of the brain, which controls movement, speech and other functions, you may be awake during part of the surgery. Doctors will continuously monitor and ask some questions during that procedure. If your seizures originate in a part of your brain that can't be removed, than your doctor treat in that manner that the part of seizure become localized and can't spread to surrounding parts of the brain. After successful surgery, many people continue to take some medication to prevent seizures. It may help by taking fewer drugs and reduce the dosage. Surgery for epilepsy can cause complications such as permanently altering your cognitive functions or thinking abilities.

3.2 Unani Treatment

Unani medicines are much better than allopathic treatment i.e. no side effect of this treatment

- Majun e sara
- Dose- 5 gm after meal
- Majun e najah
- Majun e sara and safoof kishniz, above medicine are mixed and take 10 gm before meal
- Dawaul misk motadil sada- 5 gm with milk
- Dawaushifa - 1 pill with water at bed time
- Habb- e- azaraqi – 1- 2 pills with water twice a day
- Black cumin (Kala zeera) - mix 2 ml honey with 1 ml black cumin seed oil in 10 ml lukewarm water. Take it twice a day.

3.2.1 Home remedies

- Ashwagandha
- Coconut oil
- Garlic
- Lemons
- Jatamansi
- Jadwar
- Lemons

DISCUSSION

The treatment of sleep disorders is present in both unani and allopathic medicines. The Unani treatment is fully a natural treatment i.e. called as ecological treatment. It is not harmful to the human i.e. no side effect of the human body.

Side Effect of allopathic cure

- The allopathic drugs are reacted i.e. side influence is produced.
- The allopathic medicine is very harmful to the Kidney like kidney failuring chance is increases.
- The allopathic drugs are generating stomach irritation.
- Liver damage chance is increase.

Some disease is formed by the mostly in allopathic medicine such as anemia, dizziness, hair loss, insomnia, vomiting etc.

CONCLUSION

The Research work is done by the two treatment i.e. Allopathic & Unani treatment. On future the treatment of both cure is slow response i.e. improve the response of time and side effect of allopathic cure is reduced.

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